HOW TO HELP YOUR PET
Beat the heat

Hot tips for keeping cool

Make sure they always have fresh water available – add ice cubes to pet bowls to keep it cool

Exercise your pet early morning or late evening to avoid peak temperatures

Provide plenty of access to shade – use umbrellas or sun tents at the beach

Dogs may enjoy splashing in a paddling pool

Do apply an animal or child-safe sunscreen to pale dogs’ noses and ears when in the sun

Avoid

Never leave your pet in a parked car under any circumstances – conservatories and caravans can also reach dangerous temperatures quickly on hot days

Walking your dog on hot pavements or hot sand as paw pads can burn

Exposing your pet to direct sunlight for prolonged periods of time

Signs of heatstroke

• Temperature of 40°C plus
• Excessive panting
• Drooling
• Vomiting
• Diarrhoea
• Weakness
• Increased heart rate
• Seizures

Some breeds are at higher risk of heatstroke

• Brachycephalic (flat-faced) breeds like Pugs, Bulldogs and Boxers
• Older dogs
• Obese dogs

Read the fact sheet on our website for more advice
vetspecialists.co.uk/beattheheat